FROM THE PRINCIPAL

Safari Production
Wow!!!! The production of Safari on Friday by B cluster was outstanding. Firstly at the matinee where the whole school had an opportunity to attend, students were amazed with the performance. On return many were singing ‘Safari’ and those I spoke to loved it. I went on the Friday evening along with a large group of supportive families. I thought it was magnificent. The children clearly enjoyed themselves and looked great in their costumes. Again thank you to Mrs Jensen, our wonderful director, to Miss Genders who directed the music, to other helpers and the B Cluster teachers who supported the event. As one parent mentioned in an email ‘It was a night to remember’.

Fundraising /P&C Approvals
Once again thank you so much for all of you who have supported the P&C fundraising so far this year. It is really what helps ensure that Rostrata is a special place of learning. On Tuesday night at the P&C meeting approval was given for the purchase of a new adventure playground, $1800 dollars for literacy resources and funds to complete the paving work in the school garden. We are all very appreciative of this support and assure you that we will do our best to ensure it makes a difference to the children.

Mathletics
You would probably also be aware that the P&C provides the funds for all children to be a part of the Mathletics program. We have just received our report. Some interesting facts include the following:
- On average, students at Rostrata have seen an improvement of 30% in their results so far this year. Fantastic!
- Teachers at Rostrata have assigned 19922 curriculum tasks to students so far this year.
- Students have been awarded 2733 achievement certificates.
- Our three top achieving students are Tarun from D4, Joseph from B7 and Rachelfrom D4.

Having given you all this great news I need to add that there are a number of chocolate collections still outstanding. We would appreciate the return of the money as soon as possible.

Congratulations
Two of our students, Sasha from B6 and Shivangi from C3 were both finalists in The West Australian Young Writer’s contest. This means they were selected in the top ten of their age group, a wonderful achievement since so many entries were received.

Big Band Bash
Children from Winthrop, Leeming and Rostrata primary schools had a very enjoyable afternoon taking part in the ‘Big Band Bash’ yesterday. It is an ideal time for the band members to join together and provide big band items. A good number of parents, carers and children from other classes formed a very appreciative audience. It is so satisfying to watch the progress of the children as they gradually become proficient with their instruments. We have mentioned it before but we now have had over 1000 children learn a musical instrument at Rostrata.

Tom Campbell
Principal
**CHANGES TO UNIFORM SHOP**

**HOURS FOR TERM 3**

Please note the Uniform Shop will only be open on Wednesday’s from 8.00am—10.30am for Term 3. Small price rises are usually unavoidable each year, so if you are in a position to purchase school uniforms now would be a good time to do it! You would also avoid the end of year queues!

**YEAR 4-7 FACTION ATHLETICS CARNIVAL**

The Year 4-7 Faction Athletics Carnival will be held in Week 9 of Term 3 over two days:

- **18th September (Wednesday)** – Jumps, Throws and 800m
- **20th September (Friday)** – Track and Field events and presentations

Jumps and Throws will be held on the Rostrata PS oval, while Track and Field events will be held on Prendivich Reserve.

A schedule of events will be sent home to parents closer to the carnival date. If your child will not be able to participate in the athletics carnival, please let your child’s classroom teacher know.

**Voluntary Contributions and Charges**

A reminder that we do ask for the students account to show a credit balance so that as incursions/excursions etc arise funds are already on the account to cover the cost involved.

A number of activities are taking place this term, so please ensure there is sufficient credit on the student’s account to cover these costs. Having the account in credit saves considerable time in the front office, and saves you from finding small amounts of cash several times a year.

If you are unsure, please contact the school office and we will be able to advise you of your credit balance.

Helen Scott, Registrar
**INTERSCHOOL CROSS COUNTRY CARNIVAL**

Congratulations to the Rostrata Cross Country team for you outstanding success at the Interschool Cross Country carnival last Wednesday. We finished an amazing second place! All of your hard work and training certainly paid off!

*Linda Vedel, PE Specialist*

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<thead>
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<th>Year (Boys)</th>
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<th>Year (Girls)</th>
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<td>Brian M</td>
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<td>Joey</td>
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<td>Tyler</td>
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<tr>
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**Children With Type 1 Diabetes - Are You Challenged by Your Child’s Diabetes?**

Research into parenting children with type 1 diabetes.

The University of Queensland is conducting research into parenting children with type 1 diabetes. Parenting a child with diabetes presents many challenges (everything from the regular blood glucose monitoring and insulin intake, to more general parenting tasks). The aim of this study is to understand the factors that make the management of childhood diabetes particularly difficult, and to use this information to develop strategies that might assist parents in managing their child’s diabetes.

If you are a parent of a 2 to 10-year-old child with type 1 diabetes, we would love to hear from you! By sharing your experiences (confidentially), you will be making a valuable contribution to the development of much-needed childhood diabetes management strategies for parents.

To complete the online survey, please log on to: [https://exp.psy.uq.edu.au/type1diabetes](https://exp.psy.uq.edu.au/type1diabetes).

For further information about the project or to request a survey to be posted to you, please email Aditi Lohan (aditi.lohan@uqconnect.edu.au) or call (07 3365 7689) at the Parenting and Family Support Centre in the School of Psychology at the University of Queensland, St Lucia QLD 4072 (Fax: 07 3365 6724).

Thank you for your time and participation.
Aditi Lohan, Alina Morawska, and Amy Mitchell
UQ Parenting and Family Support Centre

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**THANK YOU!**

The Jump Rope for Heart team would like to thank all students, parents and staff involved with the Jump Rope for Heart program at Rostrata Primary School this year.

The Heart Foundation recognizes Rostrata Primary School as highly valuable participants in the Jump Rope for Heart program participating over the years! Thank you for your continued support. This year was again another outstanding achievement with $4153.65 being raised for the Heart Foundation. These funds go towards funding research into cardiovascular disease, patient support and go back into running the Jump Rope program. Keep up the fantastic work!
**SPRING IN THE GARDEN**

**ROSTRATA PRIMARY SCHOOL**

Spring in the Garden is a 4-week program for parents, grandparents and community members interested in learning more about gardening.

A gold coin donation is requested for participation. Friday mornings in September from 9 – 10am (welcome to come down early after drop-off).

Sessions will include morning tea and something to take home each session (seeding, worm wise, produce etc).

Topics (may vary according to weather) – come to all four or just one or two sessions:

- **Friday 6 Sept**: soil preparation (compost / worms / organic fertilisers) & meet the chickens.
- **Friday 13 Sept**: seed germination, seedlings, transplanting.
- **Friday 20 Sept**: organic pest control, companion planting.
- **Friday 27 Sept**: water saving tips, reticulation maintenance, more fun with chickens.

Please contact Karina Martini to register your interest – ph 0427 586 139.

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**MY ROSTRATA KITCHEN RULES**

Splendid seafood was treated with such care and created into the yummiest soup some said they had ever tasted. Rostrata’s new school Chaplain Karissa Sun shared her “signature dish” with us—a fabulous seafood chowder. Creamy, delicate and so delicious. Its taste inspired those who tried to recreate it at home. The parents who attended did a great job at getting in and helping Karissa make the chowder. Hands on learning is what Rostrata is about – for parents as well as students!

Many can’t make the Wednesday slot but for those who can, we’d like to encourage more parents, relatives and carers to come and watch, learn and sample the food created.

Next week MRKR has our resident chef and cookbook author Emma Galloway coming in to share some truly wholesome cooking tips and recipes. Join us next Wednesday at the school kitchen at 9am.
Rostrata Organic Community Kitchen (ROCK) Garden Update

IN THE GARDEN......with Mrs Martini

In the Garden
Thank you to: the McCoy family for looking after the chickens for three weekends in a row; Kris and his family for looking after the chickens at the moment; Sonia and Jon for the delivery of much needed pallets; Ray (the garden gnome) for doing extra volunteering in the garden over the last couple of weeks. We are looking forward to Victor joining the team of community volunteers next week too.

The Chicken Roster
We are looking for families to help on the weekends and Term 3 holidays with the chickens. Remember no experience needed. Ring Karina on 0427 586 139.

Spring in the Garden
Rostrata Primary School STARTS FRIDAY WEEK

Spring in the Garden is a 4-week program for parents, grandparents and community members interested in learning more about gardening or want to learn the basics.

A gold coin donation is requested for participation. Friday mornings in September from 9 – 10 am (you are welcome to come down earlier ie after drop-off). Sessions will include morning tea and something to take home each session (seedling, worm wiz, produce etc). Please contact Karina Martini to register your interest – phone 0427 586 139.

IN THE KITCHEN... ...with Mrs Richards

We have had a wonderful four weeks making pasta and now it is time to get back to salads, stir fries and other yummy dishes. We are enjoying lovely beetroot relish made from our donated produce, delicious. The tender lettuce from the garden has made a fresh salad with puff pastry croutons and fried cabanossi as special extras. Please if you have any surplus vegetables from your garden, let us put them to good use.

Our glorious pumpkins are delicious in the Warm Red Onion and Pumpkin Salad. It’s great to see students haven’t lost their excellent cutting skills; I am most impressed with their abilities.

What you can do to help!

Help out on the weekends looking after the chickens.

Gardening Timetable
http://rostratagarden.weebly.com/links.html

Do you know when your child is in the garden?

Use the link above to help you work out which week is gardening or cooking so that you can help out.

Buy Worm Wiz from outside the front office. $1 for 2 litres.

Instructions for how to use it are on our webpage at http://rostratagarden.weebly.com/garden-hints.html
**SCHOOL BANKING....**

**Bring a Friend Competition**
Don’t forget the Bring a Friend Competition. All you have to do is bring along a friend to school banking, when your friend starts banking at school you both go into the draw to win an exciting prize pack, it's that easy, (your friend has to be new to school banking). The competition will close on Wednesday 11th September. For further details ask any of the friendly ladies at school banking or call Natalie on 0418 928 867.

If you don’t have a commonwealth bank account, all you need to do is ask mum or dad to go down to the Commonwealth Bank with sufficient identification for mum or dad and your birth certificate and the Bank will be able to open an account on the spot. Then all you need to do is bring your bank book or banking details down to school banking and you can start banking with us. If you already have a Commonwealth Account but have never been to school banking before, come down with your book or details and we can get you started immediately.

Please ensure all deposit slips are completed prior to coming to school banking as we are getting quite busy and it just saves a little time.

School banking is held every Wednesday in the undercover area from 8am to 8.45am. If you would like to avoid the queue please come before 8.30am or we have our express banking box where you can drop your banking of and we will return your bank book to you on Thursday morning. Express bankers please ensure all deposit slips are completed and you create number recorded on the front of your banking wallet.

Should you have any queries, please contact Natalie on 0418 928 8867.

Thank you
School Banking Team

**FUNDRAISING COMMITTEE....**

**Election Day Sausage Sizzle - 7th September**
The P&C are holding a sausage sizzle on election day 7th September at our school. We would love to see you there to score a snagger and a drink after posting your vote. We look forward to your support. Tell your friends!

**Entertainment Books**
Are you looking for a great gift for Dad for Fathers Day? Order an Entertainment book and we can have it delivered to your child’s class the very next day! Hurry - only 10 left! [https://www.entertainmentbook.com.au/orderbooks/842a43](https://www.entertainmentbook.com.au/orderbooks/842a43)

**Cadbury Chocolate Fundraiser**
We still have quite a lot of money outstanding. If you are still in possession of funds or chocolates, please return them to us ASAP. If you need to speak with us, call the number listed on your reminder notice sent out this week.

**Lap-a-thon**
Our annual Lap-a-thon will be held Thursday 29th August. Forms have now been sent home.
A donation of $20 or more will put you in the running for some fabulous prizes including a cricket bat signed by the Australian Cricket Team, courtesy of the WACA. Also up for grabs are passes to Perth Zoo and Adventure World, gift cards from Woolworths and Bunnings, and an Entertainment book!
You’ve got to be in it to win it, so get going!!

NB – Kindy students will be participating in a "Wheel-a-thon" on Friday 30th August - Good luck Kindy Kids!!
**Cyber Bullying Community Parent Talk**

Monday 16th September 2013  
At 7pm in the Burrendah Primary School hall

Join Donna Cross, Professor, Child and Adolescent Health as she discusses bullying that follows you home and further, and what can be done to protect young people.

Secure your ticket to this event by returning $5 per person in an envelope to the Burrendah Primary School office clearly marked “Donna Cross Talk”, with your name and contact number. Places can be reserved by phoning 9332 3700.

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**VacSwim October school holiday programs**

Swimming pools and beaches are part of our Western Australian lifestyle. It is important for every child to learn to swim properly and develop essential water safety skills. VacSwim’s October school holiday swimming program is conducted by qualified instructors who teach children the skills to be confident swimmers and safe in the water.

For further information and how to enrol, visit [www.det.wa.edu.au/swimming](http://www.det.wa.edu.au/swimming).

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**How to get started** before using our programs you must register online for an account. Registering is quick and easy. Visit our website to begin [www.campaustralia.com.au](http://www.campaustralia.com.au)

Once registered you can make bookings and cancellations, view your statements and manage your details anytime of the day online. Keep in mind we are able to take bookings at short notice to help busy families.

**Save on Care** You can save 50% or more on Before and After School Care fees with the **non-means** tested Child Care Rebate. Almost all families are eligible.

To find out more call our Customer Service Team on 1300 105 343 Monday to Friday.

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**Thank You**

A very big ‘thank you’ goes to the proprietors of **Canning Vale Flooring Xtra** of 6/177 Bannister Road, Canning Vale for their very generous donation of carpet squares and also to Mrs Helen Truscott for arranging and delivering the carpet.

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**Leaving Rostrata?**

**Will your child/ren be attending Rostrata Primary School in 2014?**

To assist with class allocations for next year, please call into the school office and sign a clearance form if your children will be leaving Rostrata Primary School at the end of Term 3 or Term 4.

Thank you!
Community News

The following items are mentioned as community news and are not school endorsed activities.

Willetton Baseball Club
Tee Ball/Softball/Baseball/Little League
Registrations Open Now:-
www.willetton.baseball.com.au
Come and Join Your Local Club; Saturday Mornings;
Local Training and Games; All Abilities Welcome; For
All Enquiries Call:- Sheree: 0422 814733 or
Gail: 0417 945458.

Maritime Day
Come down to Victoria Quay for Fremantle Ports
Maritime Day.
WHEN: Saturday 31st August
TIME: 10.00am—4.00pm
• Guided missile frigate HMAS Sydney open for visiting
• Svitzer tug on show
• Free harbour boat rides
• Maritime displays and careers information at B Shed
• Bands and other entertainment
• Kids activities
• Navy vs Port cookoff
• E Shed Markets and B Shed Café open
• Maritime Museum (gold coin entry)

Training Ship Cockburn Navy Cadets
The Australian Navy Cadets is part of Cadets WA and
operates under the umbrella and support of the Royal
Australian Navy. We are now recruiting for Training Ship
Cockburn Navy Cadets.

Meeting Time: Every Friday, 6.30pm – 10.30pm during
the school term (break over all school holidays)
Location: Kent Street, Spearwood (old SES Volunteer
building)
Age: Males and Females aged 12.5 – 19 years old
Fees: $50 per term for fees
Uniform: New Recruits are issued with all uniforms
(inclusive of footwear) on loan (no charge) which are
returned when the member decides to leave.
Program may include:
• Boat maintenance skills
• Sailing and other maritime skills and the
  opportunity to obtain the Recreational Skippers Ticket
  and Getting Into Basic Sailing and current Apply First Aid
  and Bronze Medallion qualifications at a reduced rate
• Weapon handling skills in a completely safe
  environment
• Leadership, ceremonial and representative
  opportunities at events such as ANZAC Day and the
  Perth Royal Show
• A tour of a working Navy warship or submarine
• Other experiences as the opportunities arise!

Contact: (Unit Development Officer) Lieutenant Cathy
Hickey, ANC: catharine.hickey@cadnet.gov.au or phone
(08) 9332 3929 or (Executive Officer) Lieutenant Karen
Thomson, RAN: karen.thomson@cadetnet.gov.au or
phone 0428 308 482.

Willetton Basketball - summer season
Willetton Basketball is looking to start a new under 8s
and under 10s competition for girls and boys starting in
Term 4. If you were born in 2007, 2008, 2005 or 2006
and would like to learn to play basketball, please email
Ben at competitions@willettontigers.com.au or
phone him on 9310 3388. For other basketball age
groups, please register your interest via our website:
www.willettontigers.com.au (under Juniors – Join a
Junior team).

Southern Cricket Holiday Program
Program running Monday to Friday for the October 2013
school holidays. Cricket Skills: 9am—12pm and Ad-
vanced Hitting: 2 hour blocks starting 8am, 10am, 12pm
and 2pm. $195 per person. Call 9310 2670 or visit
www.schoolholidayprogram.net to book.

South of Perth Yacht Club
October School Holidays Learn to Sail Courses are
once again being held. Come down and learn to sail in a
safe and fun environment. For more details contact the
club office on 9364 5844 or visit www.sopyc.com.au.

Experience a new culture, make new friends and
learn a new language at home!
In January 2014 students from over 20 countries around
the world, will be arriving in Australia to study at local
high schools for 2-10 months. Opportunities exist for
families to act as a host family, in a volunteer capacity.
Hosting can be on a temporary, short or long term
basis. Host families help provide international students
with the chance to study and experience life in Australia.
This is a great way to learn about another country and
culture, establish a lifelong link to a family in another
country and contribute to international goodwill. If your
family can offer a friendly, supportive and caring home
environment, contact us today. To hear more about this
wonderful opportunity or our student exchange
programs out of Australia. Call Student Exchange
Australia New Zealand on 1300 135 331 or visit
Rostrata P&C Fundraising invites you to the

2013 Federal Election Sausage Sizzle

Starts 10am, Saturday 7th September 2013
at Rostrata Primary School.

Come down, bring your spare change and support the kids by purchasing a hot dog and drink on the day.

| Hot Dog  | $2.50 |
| Drink    | $1.00 |

We are calling all Hot Dog artisans to help out on the day. So if you can help in any way, please contact:

rostratafundraising@iinet.net.au

Any keen volunteers to cook, sell and clean up would help us make this a successful event. Please get in touch with us by Sunday 1st September. Thanks!

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We appreciate all ongoing support from the families, local businesses and community groups. All the money goes towards new play equipment, books and educational programs for the students at Rostrata Primary School.