FROM THE PRINCIPAL

Our new school year has begun very smoothly. In addition to our 60 Kindy’s, we have enrolled 75 new children who we are delighted to accept into the Rostrata family. They have settled in well and have made new friends. As we would expect Rostrata children who have a firm belief in the school code of C.A.R.E. (Cooperation, Achievement, Respect and Endeavour) have done their utmost to ensure that our new people are included in everything we do.

I would also like to add that new parents are also encouraged to take an active part in their child’s schooling. If you would like to learn more about their progress it is best to ring the office and make an appointment with the teacher. The administration team is always available should you need further clarification on any issue or support with your child’s education. It is also a great idea to take up other opportunities. Becoming a member of the P&C, or a volunteer in the canteen or kitchen garden program are excellent ways of supporting your children.

Hopefully parents who are new to Rostrata will also become aware that we have a ‘no tolerance’ towards bullying and do our best to make sure that all children in our care are safe and happy. On March 15th the children will be actively voicing their opinions as they take part in the ‘Bullying No Way’ National day of action against bullying and violence.

We have not had a significant change in staffing for this year but are pleased that Mr Meyer will be working in several classrooms in C cluster, Mrs Ricciardone will be teaching in D1 on Wednesdays, Mrs O’Brien will continue with Year 5’s in B5 during Mr Malone’s absence and Mrs Seale and Mrs Rechichi will take the new Year 1 class. As I have mentioned on many occasions we have a great group of teachers at our school who do their best to ensure every child has an opportunity to be the very best person they can be.

Thank you to those who have already paid voluntary contributions and charges for this year. These were sent out early in the week. In addition to covering the costs of excursions and other activities that your children may participate in, the voluntary contributions help make Rostrata the very distinguished school that it is. For example, these funds are important in supporting the Kitchen Garden and Science programs which we value greatly. We really appreciate your support again this year.

Traffic – Conraige Way/Kiss and Go

It is usual at the beginning of the year for there to be some confusion with parking though hopefully those of you who have been around for some time will know the procedures which help ease congestion and ensure safety for the children. For ‘newbies’ the Kiss and Go zones are for drop off and pick up only. This allows for traffic to flow freely. Parking is available either side of the Kiss and Go (Conraige) if you need to come into the school grounds and pick up the children. The shopping centre is also an option which many people find convenient.

It is also important to note that although Conraige is not legally a one-way street we have learnt over the years by having every one come into the street via Marwood Way, rather than Rostrata Avenue, the traffic congestion drops significantly. I would urge everyone to agree to this one-way proposal.

Tom Campbell
Principal
**SCHOOL TOUR AND INFORMATION MORNING**

Come along to enjoy a tour of the whole school, see classes at work and hear about our school’s facilities, programs and services.

**Program**
- 9.00am - Welcome
- 9.10am - Guided Tour of School
- 10.10am - Information & refreshments (speakers, displays, question time)

**All Welcome!** Parents, Carers and Grandparents are encouraged to attend.

Please RSVP by Friday 15 February via school email, admin@rostrata.wa.edu.au or by phone, 9457 9455, with names and numbers attending.

**CHANGE OF CONTACT DETAILS?**
Please keep us informed....
If any general information has changed regarding your child, such as home address details, and emergency contact phone numbers, please inform the school office immediately so that our records can be updated. Thank you.

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**Charges & Voluntary Contributions**

All families should have recently received information re: Charges & Voluntary Contributions, in the mail.

Please read this information carefully.

To save you queuing time:-
For payments by cheque and credit card, the forms can be placed in an envelope and put in the **secure box** in the front office.

Please contact the Registrar on 9457 9455 if you have any queries regarding this information.
**Information from Community Health Nurse**

Community Health Nurses visit the school regularly, providing early childhood screening and supporting the school in health related matters. If parents or teachers have health related concerns relating to a student, the student may be referred to the Community Health Nurse during school hours. Contact on 9313 5418, or complete and sign a CHN referral form, available via the school office.

**Immunisation-Kindy**
To aid in protecting children from communicable disease, it is recommended that Kindy children have had their 4 year old boosters prior to starting school (even if not turned 4 years). These can be given by your family doctor, or at the Central Immunisation Clinic, West Perth (9321 1312, appointment required), or at some local govt immunisation clinics. After this immunisation, please ensure a copy of the immunisation record is forwarded to the school office so school health medical records can be updated.

**Immunisation-Year 7**
The year 7 school immunisation program is suspended this year, and will resume in 2014 for Yr 8, during which all school based vaccinations will be available.

**Head Lice**
A reminder that occurrences of head lice are common in school children. Weekly checking, and therefore early identification and treatment, will help to reduce spread.

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Dear Parent/Carers:

I would like to seek your assistance in establishing a process for managing the administration of medication to students when they are in the school's care. Except in an extreme emergency, e.g. unexpected anaphylaxis, medication can only be administered by school staff if appropriate documentation has been completed by parents/carers. This applies to both prescribed and non-prescribed medication.

**Short Term Use of Medication (up to two weeks)**

For administration of **short term** medication such as a course of antibiotics, our school requires written authority from parents/carers. This authority can be provided by completing an **Administration of Medication form**. These forms can be obtained from the school office or can also be posted out on request (Phone: 9457 9455).

Alternatively, parents/carers may complete the attached form, which you will find on Page 4 of this newsletter.

**Note:**
- The medication must be clearly labelled with the child’s name and provided in packaging from the pharmacy or the manufacturer.
- Documentation must be signed and dated by a parent or carer and provided to the school with the medication.

**Long Term Use of Medication**

If you require the school to administer medication to your child for a period of more than two weeks, and if you have not already done so, you may need to complete a **Student Health Care Summary** and a **Management/Emergency Response Plan** for your child’s particular health need. In most instances, this documentation will have been completed when you enrolled your child or as part of the school’s process for updating student health care records. If this is not the case, please discuss with the school office.

Thank you for your help.

Yours sincerely

Mr Tom Campbell
PRINCIPAL
Applications for placement to Gifted and Talented programs are now open. The Gifted and Talented programs offered at 17 select public secondary schools are for:

- children entering Year 6 in 2013 – for entry into Gifted and Talented programs in 2015 when they start Year 8; and
- children entering Years 7, 8, 9 and 10 in 2013 – for ‘top-up’ places in select programs in 2014 where vacancies may become available.

For more information please visit, det.wa.edu.au/giftedandtalented.

Applications close at 12.00 noon on Tuesday, 5 March 2013.

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**REQUEST TO ADMINISTER MEDICATION TO MY CHILD WHILE IN THE CARE OF THE SCHOOL**

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<thead>
<tr>
<th>STUDENT’S NAME:</th>
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<td>DOB:</td>
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<td>FORM/CLASS</td>
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<td>NAME OF MEDICATION</td>
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<td>DOSE/FREQUENCY (MAYBE AS PER PHARMACIST’S LABEL)</td>
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<td>ROUTE OF ADMINISTRATION (E.G. BY MOUTH)</td>
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<td>EXPIRY DATE OF MEDICATION:</td>
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<td>STORAGE REQUIREMENTS: (E.G. REFRIGERATOR)</td>
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<td>NAME OF ADMINISTRATOR:</td>
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<td>PARENT/CARER SIGNATURE: DATE:</td>
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**B2’s First Gardening Lesson for 2013**

Tuesday 12th February

Today B2 went to the garden and we learnt to use the tools found around the garden. We pushed a wheelbarrow with a spade inside around some pots. It was fun pretending to put something in, we then had to tip the wheelbarrow up to empty it.

Mrs Martini is the gardening teacher, she helps keep the garden growing. Mrs Martini is lucky to have some other people to help too.

We also got to see the ten chickens in their pen. During the year some children will take care of the chickens on Mondays, Wednesdays and Fridays.

When we got back we were so exhausted!

A very big thank you to the parents that have volunteered to help with cooking and gardening this year.

Thea and Tavia, B2 Reporters
To all Rostrata Parents and Families

P&C Annual General Meeting
Tuesday February 26th at 7.00pm
Rostrata Primary School Staffroom

The P&C is an integral part of the school community. It is the main fundraising group and also encourages parent communication and participation in many key areas of the school.

In 2012, the P&C provided many resources for our school such as Smartboards, paving in the kitchen garden, reading books, Mathletics for every child and many other important learning tools throughout our school.

The P&C manages the Canteen, organises the Year 7 graduation event, manages the Safety Houses in the school area, organises busy bees and also has a representative on the area council to discuss local issues for our schools. It is one of the best forums for being kept informed about how the school is operating and to have your say on many issues.

The AGM is an opportunity for all parents and carers to join the P&C and become active in their child’s school community. Membership is just $1 for the year.

In addition to the AGM, there is one General Meeting each term. Notification of meeting dates will be advertised in the school newsletter and term planner.

At the AGM, every position will be made clear and vacant. Please consider if you would like to nominate for any of the following positions (you are welcome to nominate for more than one position):

- President
- Vice President
- Secretary
- Treasurer
- + 4 other Executive Committee positions

- Canteen Committee (4-6 members)
- Fundraising Committee (4-6 members)
- Grounds Committee (2-4 members)
- Safety House Committee (2-4 members)
- Year 7 Graduation Committee (4-6 members)
- Uniform Shop Liaison (1 rep)
- Stephanie Alexander Kitchen Garden Representative (1 rep)
- School Banking Representative (1 rep)
- WACSSO Representative (1 rep)

Nominations will be accepted and voted on at the AGM. It is imperative that the Office Bearing roles and the Sub-committees of Canteen and Fundraising be filled for the P&C to continue to be operational. The Graduation Committee must be filled to organise a Graduation Event.

We welcome your attendance at the AGM and encourage you to nominate for any number of the above positions.

If you would like any further information, please email rostratapandc@optusnet.com.au.
Hello Everyone!
Welcome back, we are going to have a fantastic year.
Our first lesson is theory, but all systems are go after that, and we welcome as many parents as possible to volunteer and help out during our classes.

Mrs Martini and myself, have been lucky enough to be nominated within the Stephanie Alexander Program, to attend a special reward training program, in Melbourne next week. Therefore there will be no classes. This will benefit us personally but also make us available for training new teachers, for the program in the future.

Thanks to the P&C for providing the lions share of the funds to create the main path in the garden. We now have a safe area to work and walk on and move our wheelbarrows and other tools easily around the garden.

Over the holidays it was very hot so the families who looked after the chickens (and watered the seedlings) did a wonderful job keeping them alive and still producing eggs. Thanks to Dave at IGA for continuing to support us too.

Thanks to our new volunteer Mrs Woodhead for helping out over the holidays. She will be a regular in the garden on a Tuesday along with Mrs Elliott and Mr Jamieson.

We are looking for families to look after the chickens on weekends. Young children really enjoy the experience and I will show you what to do if you have never tried it before. Ring Karina on 0427 586139.

If you are not able to look after the chickens you might like to sponsor a chicken for $25. Ring Rebecca Walker on 0409 566935. The money will go towards buying pellets to feed them for the year.

Mrs Richards and I are looking forward to seeing lots of new and old faces in the garden and kitchen this year. See your child’s teacher to put your name on the roster and if you want to help in the garden when lessons are not on feel free to come and see me in the garden any time.

IN THE GARDEN.....with Mrs Martini

What you can do to help!

Help out on the weekends looking after the chickens.

Volunteer in the garden with your child’s class.

Buy Worm Wiz from outside the front office. $1 for 2 litres. Instructions for how to use it are on our webpage at http://rostratagarden.weebly.com/garden-hints.html

Gardening Timetable
Do you know when your child is in the garden? Use the link above to help you work out which week is gardening or cooking so that you can help out.

Do you know when your child is in the garden?
The following items are mentioned as community news and are not school endorsed activities.

**Tennis @ Rostrata**
Term 1 dates 12/2-2/4. $75 for an 8 week program. Racquets supplied. Registration forms in the school office. For further information call Tony Brown on 9525 0046 or 0404 516 370.

**Market & Fun Day**
Hosted by “Team Slammers” on behalf of Relay for Life. Sunday 24th Feb @10am-3pm at Cannington Exhibition Centre (The Greyhounds) Cannington. Gold coin entry. Entertainment includes bouncy castle, market stalls, food, massage, raffles, games and much more. All funds raised will be donated to Cancer Council WA to fight back against cancer.
www.slammersrelay.com / 0403 049 656

**Play AFL**
Find your local club and register today!
www.playaflwa.com.au
auskick/junior/youth/senior/superstar

**Willetton Catholic Parish**
Religious Education classes in the Sts John & Paul Catholic Parish (Pinetree Gully Rd, Willetton) are held on Tuesday afternoons between 4-5pm for children from Years 1-7. Phone 9332 5992 or visit www.johnpaulwilletton.org.au for further information.

**Willetton Scouts Group**
Registration day is Saturday 16 February 12 noon to 4.00pm
Willetton Scout & Guide Hall
Malindi Reserve, off Donaldson St, Willetton.
For further enquiries or information, contact:
Neil Macpherson—Group Leader
gl.willetton@scoutswa.com.au
Or www.scoutswa.com.au

**Southern River Hockey Club**
Registration day is Saturday 16 February 11am to 2pm
Ground D, Les Sands Pavilion, Gay Street, Gosnells
For further information, contact:
Cindy Heath 0439 699724
Or
juniors_southernriverhockey@hotmail.com.au

**AUSTRALIAN GIRLS CHOIR**
Junior@agc nurtures girls aged 5 to 8. She will blossom as she sings, dances and plays in our fun and inclusive classes.

**February Open Classes**
Come along and try a free class at your local rehearsal venue!

For more information please contact,
08 6365 2100 or www.aspagroup.com.au
Every Day Hot Lunches
Hokkien Noodles ...........................................$5.00
Macaroni Cheese (V) ........................................$5.00
Pasta Twirls .....................................................$5.00
Chicken Lasagne ..............................................$5.00
Ham Hero Pizza ...............................................$3.30
Vegetarian Pizza (V) ...........................................$3.30
Sushi (5) Tuna or California Roll .......................$3.00
Sausage Roll (A) ...............................................$3.00
Meat Pie (A) ....................................................$3.80
Party Pie (A) ....................................................$1.20
Mini Potato Top Pies .........................................$1.20
Veggie Fingers (3) (A,V) .....................................$3.00
Crunchy Tuna Salad ...........................................$3.50
(lettuce, celery, cucumber, corn, tuna & mayo)
Tomato Sauce ...................................................$0.40

Summer Meal Deal
available Wednesday & Friday only:
Sweet Chilli Chicken Wrap & LOL Drink .............$5.50

Snack Attack Meal
available Wednesday & Friday only:
Cheese Triangles, Carrot Sticks, Celery Sticks, Bread & Butter With 3 Chicken Nuggets & a Quelch Stick ...............$4.00

Sandwiches
available Wednesday & Friday only:
Chicken or Ham ...............................................$3.00
Ham or Chicken With Salad .............................$3.80
Cheese (V) ......................................................$2.50
Cheese & Salad (V) ..........................................$3.30
Egg (Plain or Curried) (V) ...............................$2.50
Egg & Salad (V) ...............................................$3.30
available extras:
Rolls ...............................................................$0.30
Mayo Low Fat ..................................................$0.40

Drinks
Plain Milk 225ml ............................................$1.00
Chocolate, Strawberry or Banana Milk 300ml ......$2.00
Fruit Juice 100% Apple, Orange or Apple & Blackcurrant 250ml $1.70
LOL Raspberry & Apple 250ml ................................$1.70
Water 600ml ...................................................$1.50

Wednesday Only Specials
Corn On The Cob & Chicken Nuggets ..........$2.60
Chicken, Lettuce & Mayo Sub ..................$4.00

Friday Only Specials
Hot Dog (A) .......................................................$3.00
Puppy Dog (A) ..................................................$1.50

Salad Trays
available Wednesday & Friday only:
Plain Salad Tray (V) ........................................$2.70
(lettuce, carrot, tomato, cucumber, orange, celery, ½ egg)
Salad Tray With One of The Following:
Chicken Nuggets (3) .....................................$4.00
Veggie Fingers (3) ..........................................$4.50
Crumbed Fish .................................................$4.00
Corn Cob (V) ..................................................$3.70
Ham or Chicken .............................................$3.70
Cheese ..........................................................$3.50
Crunchy Tuna Salad .......................................$3.50
(lettuce, celery, cucumber, corn, tuna & mayo)
Add A Slice of Bread & Butter .......................$0.40

Recess Snacks
Plain Cheesey ..................................................$1.00
Sauce Cheesey ...............................................$1.30
Spaghetti or Baked Bean Cheesey ..............$1.30
Garlic Bread ....................................................$0.70
Mini Muffins ...................................................$0.40
Large Muffin ...................................................$0.80
Rice Cakes .....................................................$0.20
Rice Crackers ................................................$0.10
Popcorn .........................................................$1.00
Veggie Chips ..................................................$1.00
Grain Waves ...................................................$1.00

Yoghurts Fruit & Ice-Cream
Vanilla Light Yoghurt .......................................$1.70
Chocolate Yogo .............................................$1.70
That Dairy Snack ...........................................$2.00
Springer Apple ................................................$1.00
Slush Puppy ...................................................$2.00
Quelch Stick ..................................................$0.50
Billabong .......................................................$1.60
Milo Smooth Stick .........................................$1.30
Life Saver Icy Pole .......................................$2.00
Lemonade Icy Pole .......................................$1.30

Order online at: www.mykidslunchbox.com.au

Summer Menu 2012-2013

Special menu days are organised every term.
Be sure to keep your eyes open for flyers coming home to you!

Open:
Monday, Wednesday & Friday
Ph 9354 3332

To promote healthy choices our canteen food is rated “Green” unless noted otherwise.
(A) = amber food group items
(V) = items suitable for vegetarians

Thank you to all who volunteer in our canteen. We are always looking for fun and friendly people to help out for an hour or few once or twice a term.
Please see Melissa in the canteen if you are able to help out.......

ROSTRATA PRIMARY SCHOOL